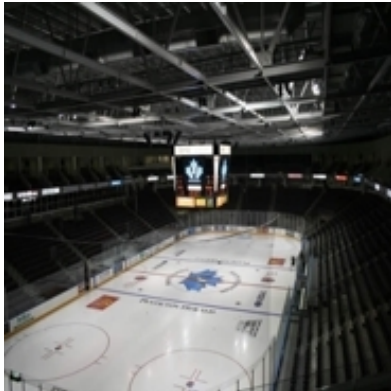




# 2010 INTERNATIONAL DEVELOPMENT TOURNAMENT *PENTICTON, BC*



**BANTAM/MIDGET**  
**IDT 3 - 1995 to 1997**  
**AUGUST 1 - AUGUST 13 2010**

The International Development Tournament is more than just a tournament. It is a program designed to challenge elite players to further develop their hockey skills and knowledge of the game. This comprehensive two week program focuses on athlete development through high level coaching, games, video analysis and off ice programs. This is truly the "Ultimate Hockey Experience."

## PROGRAM HIGHLIGHTS:

### INDIVIDUAL SKILLS

- Power Skating
- Stick Handling/Puck Control
- Scoring Strategies
- Body Checking Skills

### GOALTENDING

- Stance, stick and body save theories
- Personalized instruction by professional goaltending instructors
- Game Video Analysis

### TEAM SKILLS

- Offensive Strategies
- Power Play
- Penalty Killing
- Defensive Strategies
- Team Building

### SKILLS COMPETITION

- Skating - 30 ft/100 ft/250 ft
- On Ice Shooting Analysis
- 5 Shot Accuracy
- 6 Puck Rapid Fire (timed)
- 3 Puck Breakaway Challenge

### INDIVIDUAL TACTICS

- Evasive Skating
- Dekes and Fakes
- Puck Protection
- Net Drives
- One Timers
- Gap Control
- 1 on 1 Plays
- Face Offs

### IDT FORMAT

- 12 Team Practices
- 10 Games

## REGIONAL TEAMS (Individual registrations will be placed on teams based on location)

1. Team Vancouver
2. Team Fraser Valley
3. Team Calgary
4. Team Edmonton
5. Team Canada East
6. Team Canada West
7. Team USA
8. Team Okanagan

**REGISTER A TEAM OR INDIVIDUALLY  
THIS WILL BE "AA" - "AAA" CALIBER  
LIMITED SPOTS—REGISTER TODAY**

**COST: SKATERS \$1950**  
**GOALIES \$2250** Includes dorming.  
Plus applicable taxes.

For more information contact Justin Hanley 250.860.9988

Email: [justinhanley@hockeyschools.com](mailto:justinhanley@hockeyschools.com)

To Register Call 1.888.844.6611 or

Register Online at:

**[www.hockeyschools.com](http://www.hockeyschools.com)**