



OKANAGAN HOCKEY SCHOOL - KELOWNA

DAILY SCHEDULE - AUGUST 23 - 27, 2010

13-14 YEAR OLD PREP PROGRAM - SKATER & GOALIES

MONDAY

12:00 PM	12:30 PM	REGISTER
12:30 PM	1:00 PM	PREP FOR ICE
1:00 PM	2:00 PM	ICE SESSION (CNC 2)
2:15 PM	3:00 PM	DRYLAND
3:00 PM	3:30 PM	PREP FOR ICE
3:30 PM	4:30 PM	ICE SESSION (CNC 2)

TUESDAY - FRIDAY

12:30 PM	1:00 PM	PREP FOR ICE
1:00 PM	2:00 PM	ICE SESSION (CNC 2)
2:15 PM	3:00 PM	DRYLAND
3:00 PM	3:30 PM	PREP FOR ICE
3:30 PM	4:30 PM	ICE SESSION (CNC 2)

RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHS is not responsible for lost or stolen items.
- #3 Rule-Do Not take or use other students equipment or property.
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission