



## OKANAGAN HOCKEY SCHOOL - KELOWNA

DAILY SCHEDULE - AUGUST 23 - 27, 2010

8-10 YEAR OLD PREP PROGRAM - SKATER & GOALIES

### MONDAY

7:00 AM	7:30 AM	REGISTER
7:30 AM	8:00 AM	PREP FOR ICE
8:00 AM	9:00 AM	ICE SESSION (CNC 2)
9:15 AM	10:00 AM	DRYLAND
10:00 AM	10:30 AM	PREP FOR ICE
10:30 AM	11:30 AM	ICE SESSION (CNC 2)

### TUESDAY - FRIDAY

7:30 AM	8:00 AM	PREP FOR ICE
8:00 AM	9:00 AM	ICE SESSION (CNC 2)
9:15 AM	10:00 AM	DRYLAND
10:00 AM	10:30 AM	PREP FOR ICE
10:30 AM	11:30 AM	ICE SESSION (CNC 2)

#### RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHS is not responsible for lost or stolen items.
- #3 Rule-Do Not take or use other students equipment or property.
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission