



DAILY SCHEDULE - JULY 25 - AUGUST 14, 2010
7-9 YEAR OLD REGULAR PROGRAM - OILER GOALIES

SUNDAY

| START | END | ACTIVITY | LOCATION |
|----------|----------|--------------------|-------------------|
| 9:00 AM | 9:45 AM | Check-In | South Field |
| 9:45 AM | 10:00 AM | Orientation | North Field |
| 10:00 AM | 10:30 AM | Get Dressed | Dressing Room |
| 10:30 AM | 10:45 AM | Daily Preview | Dressing Room |
| 10:45 AM | 11:45 AM | Goalie Ice Session | Mark Messier Rink |
| | | Photo Session | |

MONDAY - FRIDAY

| START | END | ACTIVITY | LOCATION |
|----------|----------|--------------------|-----------------------|
| 7:00 AM | 7:30 AM | Get Dressed | Dressing Room |
| 7:30 AM | 8:45 AM | Goalie Ice Session | Mark Messier Rink |
| 8:45 AM | 10:00 AM | Ice Session | Troy Murray Rink |
| 10:30 AM | 11:15 AM | Dryland | South Field |
| 11:15 AM | 11:30 AM | Snack | Cafeteria |
| 11:30 AM | 12:15 PM | Skills | Performance Arena |
| 12:30 PM | 12:50 PM | Lunch | Cafeteria |
| 12:50 PM | 1:20 PM | Get Dressed | Dressing Room |
| 1:20 PM | 1:30 PM | Daily Preview | Dressing Room |
| 1:30 PM | 2:45 PM | Ice Session | Troy Murray Rink |
| 3:15 PM | 4:00 PM | Lecture | Morinville Room North |

SATURDAY

| START | END | ACTIVITY | LOCATION |
|---------|---------|---------------|------------------|
| 7:30 AM | 8:00 AM | Get Dressed | Dressing Room |
| 8:00 AM | 8:15 AM | Daily Preview | Dressing Room |
| 8:15 AM | 9:45 AM | Ice Session | Troy Murray Rink |

RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHS is not responsible for lost or stolen items.
- #3 Rule-Do Not take or use other students equipment or property.
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission