



**DAILY SCHEDULE - SESSIONS 1-3**  
**7-9 YEAR OLD REGULAR PROGRAM - OILER GOALIES**

**SUNDAY**

| START    | END      | ACTIVITY           | LOCATION          |
|----------|----------|--------------------|-------------------|
| 9:00 AM  | 9:45 AM  | Check-In           | South Field       |
| 9:45 AM  | 10:00 AM | Orientation        | North Field       |
| 10:00 AM | 10:30 AM | Get Dressed        | Dressing Room     |
| 10:30 AM | 10:45 AM | Daily Preview      | Dressing Room     |
| 10:45 AM | 11:45 AM | Goalie Ice Session | Mark Messier Rink |
|          |          | Photo Session      |                   |

**MONDAY - FRIDAY**

| START    | END      | ACTIVITY           | LOCATION              |
|----------|----------|--------------------|-----------------------|
| 7:00 AM  | 7:30 AM  | Get Dressed        | Dressing Room         |
| 7:30 AM  | 8:45 AM  | Goalie Ice Session | Mark Messier Rink     |
| 8:45 AM  | 10:00 AM | Ice Session        | Troy Murray Rink      |
| 10:30 AM | 11:15 AM | Dryland            | South Field           |
| 11:15 AM | 11:30 AM | Snack              | Cafeteria             |
| 11:30 AM | 12:15 PM | Skills             | Performance Arena     |
| 12:30 PM | 12:50 PM | Lunch              | Cafeteria             |
| 12:50 PM | 1:20 PM  | Get Dressed        | Dressing Room         |
| 1:20 PM  | 1:30 PM  | Daily Preview      | Dressing Room         |
| 1:30 PM  | 2:45 PM  | Ice Session        | Troy Murray Rink      |
| 3:15 PM  | 4:00 PM  | Lecture            | Morinville Room North |

**SATURDAY**

| START   | END     | ACTIVITY      | LOCATION         |
|---------|---------|---------------|------------------|
| 7:30 AM | 8:00 AM | Get Dressed   | Dressing Room    |
| 8:00 AM | 8:15 AM | Daily Preview | Dressing Room    |
| 8:15 AM | 9:45 AM | Ice Session   | Troy Murray Rink |

**RULES AND REGULATIONS:**

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHS is not responsible for lost or stolen items.
- #3 Rule-Do Not take or use other students equipment or property.
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission