



2010 OKANAGAN HOCKEY SCHOOL
Calgary Prep Camp
 August 16-20 Rose Kohn Arena



<u>MONDAY</u>			
START	END	ACTIVITY	LOCATION
9:00 AM	9:30 AM	Registration	Rose Kohn Arena
9:30 AM	10:00 AM	Prep for Ice	Dressing Room
10:00 AM	11:15 AM	Ice	Rose Kohn Arena
12:00 PM	1:30 PM	Off-Ice Training	
2:00 PM	2:30 PM	Prep for Ice	Dressing Room
2:30 PM	3:45 PM	Ice	Rose Kohn Arena

<u>TUESDAY - FRIDAY</u>			
9:30 AM	10:00 AM	Prep for Ice	Dressing Room
10:00 AM	11:15 AM	Ice	Rose Kohn Arena
12:00 PM	1:30 PM	Off-Ice Training	
2:00 PM	2:30 PM	Prep for Ice	Dressing Room
2:30 PM	3:45 PM	Ice	Rose Kohn Arena

RULES AND REGULATIONS:

1. Have fun and enjoy playing and learning the coolest sport on earth - Hockey!
2. **Do Not** leave valuables in the Dressing Room or Dorm - OHS is not responsible for lost or stolen items.
3. **Do Not** take or use other students' equipment or belongings.
4. The 'harassing', 'picking on', or 'bullying' of other students - Will Not be Tolerated
5. Parents may check students out with their Counsellor's permission.

